Essential Rolls for New Drummers

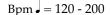
Practice Sheet

Each exercise separates the hands, and then puts them together. It is important to learn the proper technique for the hands separately first. Each exercise is divided into sections to be mastered before you move on the the next part.

z = play a buzz

Bpm = Beats per Minute

Single Stroke Roll

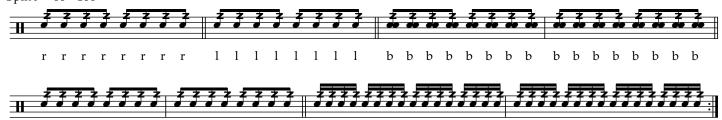






Multiple Bounce Roll/Buzz roll

Bpm = 60 - 100



rlrlrlrlrlrlrl rlrlrlrlrlrlrlrl

1 1 1 1 1 1 1 1

Double Stroke Roll

