

C C A H Q C S V S R I M Y B X C S B N S
D J D P T T K P Y R D A U M S E T D Y O
Z O Y T I L O B O B L A P O L O I A T U
U L H U A R A C W P G U U Y J D B N I L
Q W R R T J H E E N O B T A H T A C V M
L F O S H Y C L H I X S Y Y I L H E I R
T F T R G A P J P L E S H F M F Y Y T P
N G I I K I R P I F A X L T L Q H X C G
K U E D R O B R I F E T J M J K T K A H
E N T T T L U L A D Q B N A K B L R L T
E Y W R E O Y T G Y F Q O E X T A C A F
K O N V I H S S E N T I F D M A E Q C B
J R J T T T Q H S S N U C H Y A H H I R
V E O L P A I H G T N Z E X E R C I S E
T R A W V M F O P G J F I G S S T M Y A
V E Z X M W X L N U A L G A L G P L H T
H U L G C A B O V J K M I N D F G V P H
S Z U L W O E R G T M S J I T N O J P I
G N I N N U R T A U R G V B Y J Q M C N
C Q D L L T V E G E T A B L E S T D K G

Find the following Healthy Lifestyles words in the puzzle.

Healthy Lifestyles
Exercise
Workout
Breathing
Hygiene
Fitness
Mental Health

Healthy Habits
Fruits
Vegetables
Nutrition
Dance
Sports
Running

Teamwork
Physical Activity
Triple Play
Mind
Body
Soul

